

How to link with SHE

Anyone with an interest in school health promotion is invited to link with the SHE network.

Website

Professionals and school staff with an interest in school health promotion can visit the completely revised and updated SHE website www.schools-for-health.eu. The website provides easy access to relevant information about school health promotion in Europe and links to related regional, national and international networks. The website is now directly accessible for schools. The section includes the SHE online school manual, possibilities for school twinning and other information relevant for schools in the European region.

Social media

The SHE network facilitates interaction among its members on social network platforms. Events, meetings, news facts and other activities are shared in order to give its users a better insight into what the SHE network does 'in real time'. Visit our social media platforms on:

- **Facebook:** Schools for Health in Europe – SHE network
- **Twitter:** @SHE_Network_EU
- **LinkedIn:** Schools for Health in Europe (SHE network)

SHE national coordinators

The SHE network is represented in 43 countries in the European region by national coordinators who are recognised by their Ministries of Health and Ministries of Education. They meet once a year for the SHE assembly.

SHE regional coordinators

The SHE network is now open to regional or sub-national networks on health promoting schools. The regional and subnational networks have a SHE regional coordinator, who works closely with the SHE national coordinator. Information about becoming a SHE regional network is available on the SHE website.

SHE research group

The SHE research group is a consortium of over 65 researchers and research institutions from more than 25 SHE member countries in Europe. The SHE research group aims to support the development of school health promotion in Europe by stimulating, facilitating and coordinating different types of research. Membership is open to anyone with a research background and an interest in school health promotion.

Partnerships

CBO is a not-for-profit research organisation and has expertise in health promotion and quality improvement in health care. CBO is interested in establishing collaborations with partners from the public and private sectors to promote the health and well-being of children and adolescents in Europe.

SHE activities and tools 2014

In 2014 the SHE network will deliver the following activities and tools:

- The SHE online school manual, a 'how to' guide to assist schools become health promoting schools. Available on the SHE website in English and at least five other European languages
- SHE factsheet 3 on sustainable networking for health promoting schools
- The 4th SHE summer school on school-based health promotion in Limerick, Ireland
- Innovative practice book on health promoting schools
- Promotional video for health promoting schools

Further information

To find out more about the SHE network please visit our website www.schools-for-health.eu or contact the SHE secretariat.

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www.schools-for-health.eu

Acting for better schools, leading to better lives

We all care about our children; they are the future of Europe. Every child in Europe has the right to education, health and security. Every child should have the opportunity to be educated in a health promoting school.



Who are we?

- A network of national coordinators from 43 countries in the European region
- Focused on making school health promotion an integral part of policy development in the European Education and Health sectors
- Supported by three international organizations: WHO Regional Office for Europe, Council of Europe and the European Commission
- The platform for professionals in Europe with an interest in school health promotion
- Operating as one of the leading international networks on school health promotion in Europe and worldwide

How do we work?

- SHE uses the health promoting school approach as an evidence-based and comprehensive way of developing school health policy
- SHE uses a positive concept of health and well-being and acknowledges the UN Convention of the Rights of the Child
- SHE encourages the Health and Education sectors to work together more efficiently
- SHE contributes to making schools in Europe a better place for learning, health and living
- SHE is operating as a professional European network since 1991

What do we do?

- Support organisations and professionals to further develop and sustain school health promotion in each country in the European region
- Identify and share relevant information on school health
- Encourage research
- Share good practice, expertise and skills
- Advocate for school health promotion
- Provide a link to national and regional expertise
- Facilitate schools in becoming health promoting schools,



The health promoting school approach

The SHE network has agreed core values and underlying principles they call pillars, which are:

SHE core values

- **Equity.** Equal access for all to education and health
- **Sustainability.** Health, education and development are linked. Activities are implemented in a systematic way over a prolonged period
- **Inclusion.** Diversity is celebrated. Schools are communities of learning, where all feel trusted and respected
- **Empowerment.** All members of the school community are actively involved
- **Democracy.** Health promoting schools are based on democratic values

SHE pillars

- **Whole school approach to health.** Combining health education in the classroom with development of school policies, the school environment, life competencies and involving the whole school community
- **Participation.** A sense of ownership by student, staff and parent
- **School quality.** Health promoting schools create better teaching and learning processes and outcomes. Healthy pupils learn better, healthy teachers work better
- **Evidence.** Development of new approaches and practice based on existing and emerging research
- **Schools and communities.** Active collaboration between school and community